

You have **options** for your health care. Choose the **right care**, at the **right place**, at the **right time**, for the **right cost**.

Doctor's Office

First try to contact your primary care physician (PCP) office. Your PCP office will direct you to the type of care that's most appropriate for you.

Your PCP better understands your health and has your records readily available.

Seeing your personal physician can result in overall better care at lower cost.

Typical office visits:

Cold, flu, bronchitis or cough
Aches, pains or headaches
Pink eye
Fever or sore throat
Rash
Ear ache or hearing loss
Allergies
Sunburn or minor burns
Stomach pain, diarrhea, rectal bleeding or constipation
Urinary tract infection or blood in urine
Sprains or strains
Minor infections
Yearly exams
General medical advice
Chronic condition management (diabetes, high blood pressure, heart failure, and high cholesterol)
Lab tests
Referrals to specialists
Vaccinations

Urgent Care

Most problems listed below can be handled in your PCP office. If your doctor is not available, you may choose to visit an immediate or urgent care center, or wait until your doctor is available when appropriate. Always try to contact your primary care physician first.

Urgent care is for conditions that require prompt medical attention but are not severe or life-threatening and do not require use of a hospital or emergency room.

Typical urgent care visits:

Radiology services (available at all four AultmanNow Urgent Care locations)
Sprains or strains
Foreign objects in the eye
Cuts requiring stitches
Rapid test for flu or strep throat
Fingerstick to check sugar levels
Minor infections

Emergency Room

Emergency care is necessary when a person has an unexpected onset of symptoms or a severe medical condition, accident, or illness that could place a person's health in jeopardy if not treated with immediate medical attention.

ERs staff a full medical team to treat a wide range of medical conditions that require on-site diagnostic tests, surgical suites, and 24/7 bedside care.

If your injury or illness is severe, don't hesitate to call 911 or get to the closest ER.

Typical ER visits:

Sudden or unexplained loss of consciousness
Severe shortness of breath
Chest pain
Signs of stroke (numbness or weakness in face, arm or leg, difficulty speaking, or sudden confusion)
Severe trauma
Severe burns
Deep cuts or bleeding that won't stop
Evaluation of urgent behavioral health needs

Please ask that the emergency department sends your primary care physician office copies of reports or records.

Call the office for refills during normal hours. Check with your pharmacist before going to an urgent care for short-term supply. To schedule office visits, please call during normal business hours.